



# PRECISION

PHYSICAL THERAPY & FITNESS

8030 SOQUEL AVENUE, SUITE 200 • SANTA CRUZ, CA 95062

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[www.prefitpt.com](http://www.prefitpt.com)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Precautions: \_\_\_\_\_

## PHYSICAL THERAPY

### Evaluate and Treat

#### *Procedures*

- Therapeutic Exercise
- ROM: Active/Active-assist/Passive
- Gait Training
- Balance/coordination/Agility
- Soft Tissue/Joint Mobilization
- Neurological Rehabilitation

## HAND THERAPY

### Evaluate and Treat

#### *Specialty Programs*

- Ergonomic Job Site Evaluation
- Incontinence Training
- Pre/Post Partum Pain
- Fall/Balance Training
- Vestibular Training

## OTHER

- Fitness Program
- Return-To-Sport Training
- Fitness Classes
- Massage Therapy

Frequency: \_\_\_\_\_

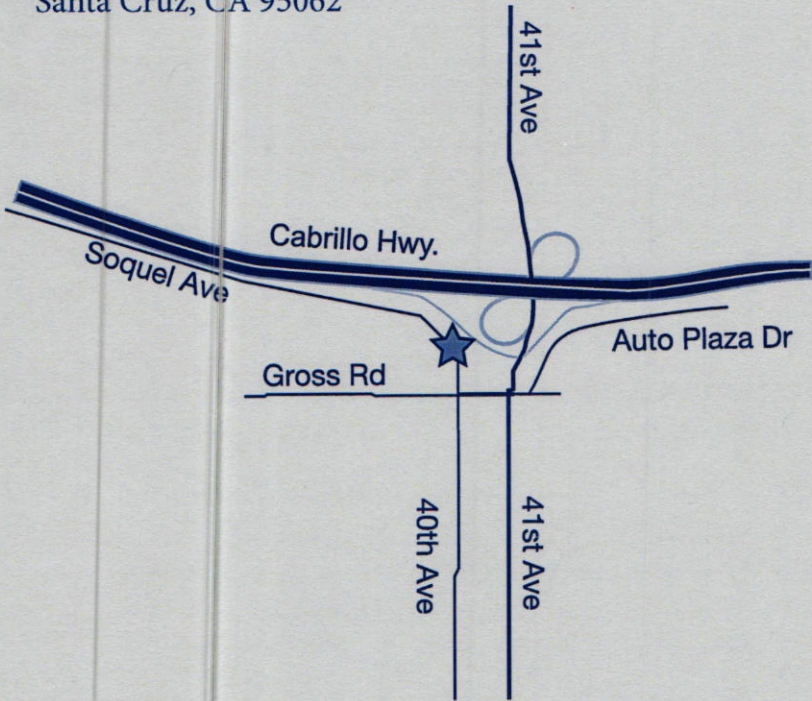
Other \_\_\_\_\_

Duration: \_\_\_\_\_

I certify these services as medically necessary for the patient's plan of care.

Physician's Signature: \_\_\_\_\_

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PHYSICAL THERAPY & FITNESS

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