



PRECISION

PHYSICAL THERAPY & FITNESS
HAND THERAPY

Precision Wellness Center Cabrillo College

6500 Soquel Drive
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Aptos, CA 95003
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Barbara Graham-Garcia, OTR/L, CHT
*Hand & Upper Extremity Rehabilitation
Industrial Rehabilitation
Ergonomic Consulting*

Name: _____

Diagnosis: _____

Medical Precautions: _____

Evaluate & Treat _____

Frequency & Duration _____

ICD-9 Code _____

Procedures

- Edema Control
- Posture/Body Mechanics
- Dexterity/Coordination Training
- Wound Care
- Therapeutic Exercise
- Joint Protection Education
- Joint Mobilization
- Strengthening/Graded Resistive
- Activities of Daily Living
- Soft Tissue Mobilization
- Sensory Re-Education
- Desensitization Techniques
- ROM Active/Passive
- Home Program
- Other _____

Modalities

- Paraffin
- Ultrasound
- NMES
- Hot/Cold Packs
- Phonophoresis
- Infrared Light
- Contrast Baths
- Iontophoresis

Splinting / Orthotics

- Evaluate
- Static Splint
- Dynamic Splint
- Specifics _____

Industrial Rehabilitation

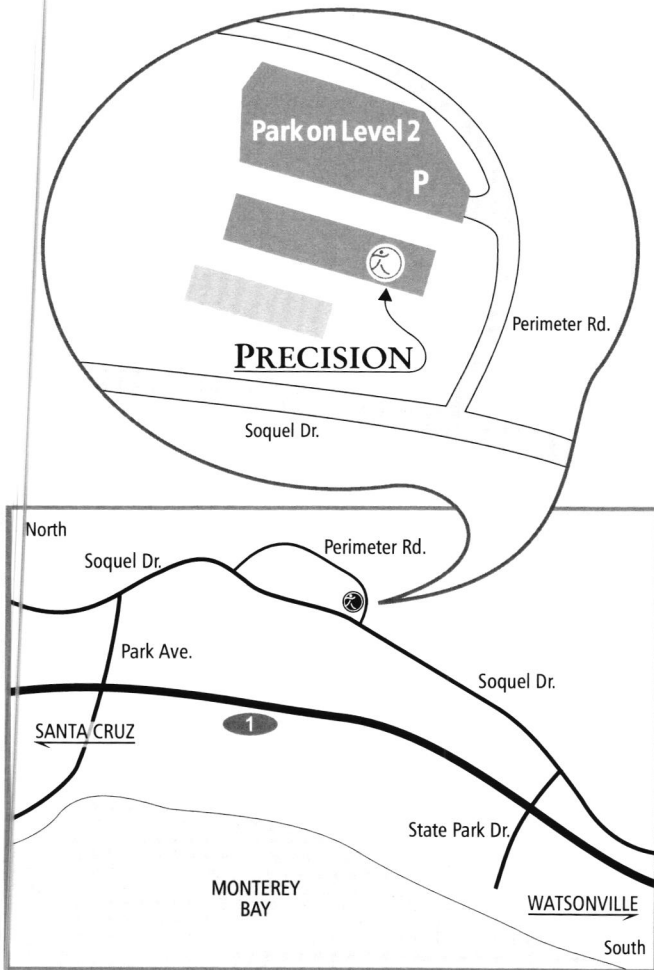
- Ergonomic Evaluation
- Work Hardening/Conditioning Program
- Functional/Work Capacity Evaluation

Physician Signature _____ Date _____

UPIN# _____

Please include history, operative reports, and/or other pertinent records, so that appropriate care may be provided to your patient. Thank you.





From Santa Cruz- Take Park Ave exit. Follow to Soquel Drive. Right on Soquel Drive to the 2nd entrance to the Upper Campus. Turn left on Perimeter road (road to upper campus) and follow signs to Precision Wellness Center. Drive into parking structure "P" to the second level. On the left side of the garage are parking spaces designated "Precision Wellness Center". You will be facing Precision Wellness Center.

From Watsonville- Take the State Park Drive exit. Follow to Soquel Drive. Left on Soquel Drive to the first entrance to the Upper Campus. Turn right on Perimeter road (road to upper campus) and follow signs to Precision Wellness Center. Drive into parking structure "P" to the second level. On the left side of the garage are parking spaces designated "Precision Wellness Center". You will be facing Precision Wellness Center.

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 Certified Hand Therapist
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